

IPC ATHLETICS

REGULATIONS FOR IPC COMPETITIONS 2008 – 2009

For competition at Paralympic Games and IPC Athletics World Championships, as well as other competitions sanctioned or approved under the permit of IPC Athletics, three documents shall be used, along with the current edition of the IAAF Competition Rules.

These are:

- (1) The IPC Athletics Rules book.
- (2) The IPC Athletics Regulations for Competition (this document), which shows all the specific regulations governing the way in which IPC Athletics competitions shall be organised and carried out.
- (3) The IPC Athletics Classification Handbook, which shows the classification rules under which IPC Athletics competitions shall be organised and carried out.

Please note: some of the IPC Athletics rules and regulations may differ from those contained in the individual IOSD rules and regulations, because of the different conditions under which IPC competition is run.

The rules and regulations must be read in conjunction with the IAAF rules, contained in the Competition Rules book of that Association, and the separate book of Regulations published by that body. For the period including the 2008 Paralympic Games, the version of the IAAF Competition Rules to which this book refers is the 2008-2009 edition. The reference to the IAAF. Competition Rules does not confer any responsibility onto the IAAF for the IPC Athletics Rules.

These allow organisers to recognise the differences between competitions under IPC Athletics jurisdiction and those of other organisations.

This book of regulations will remain in force until the publication of the next edition, which will be publicised on the IPC Athletics website, and circulated to members. Periodic updates may be published during the period of this book, and these will be circulated to members on the website and by email. It also contains the latest interpretations on field events, for use in international competition.

The IAAF has no responsibility for any rules or regulations used by IPC Athletics.

Chris Cohen (Chairman)

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CHAPTER 1: INTERNATIONAL COMPETITIONS

RULE 8 Advertising and Displays during I.P.C. Competition

For further information on regulations concerning advertising in IPC Athletics competitions, members should refer to the standard IPC rules on advertising, as well as the IAAF regulations. These both give specific examples and specifications for the size and placing of advertising and branding on clothing and equipment.

Note: (Classes T32 - 34, T51 - 54)

“The racing chair shall be regarded, for the purposes of advertising, as three pieces of equipment; i.e. two large wheels and a frame.”

Note: (Classes F32-34, F51 - 58)

“The throwing chair shall be regarded, for the purposes of advertising, as one piece of equipment.”

Further details will be available in the Regulations, and updated as appropriate.

CHAPTER 5: TECHNICAL RULES

SECTION II - GENERAL COMPETITION RULES

RULE 144 Assistance to Athletes

(Classes 11 - 12)

Whenever possible, to ensure silence, events in which acoustic assistance is being used should not be timetabled together with other running events.

For Class 13, I.A.A.F. Rules will be followed in their entirety, except as noted in the Rules.

IPC Athletics recognises the special needs of deaf-blind athletes, and is keen to encourage and facilitate their participation in competition. In cases where deaf - blind athletes are competing in a competition, some modification to current rules may be necessary. Such modification should only be permitted with the prior approval of the Technical Delegate. In principal, no rule modification that disadvantages any other competitor will be allowed.

(Class 20, 42-46)

Note: Some athletes will require their starting blocks to be set for them, or their runway markers to be at a pre-set distance from the take-off board, prior to the competition. The Technical Delegate will provide the appropriate athletes with a document on which to show their requirements.

RULE 145 Disqualification

(Classes 51 - 58)

Competitors must ensure that no urine is allowed to drain onto the competition or warm-up areas. Failure to do so will result in disqualification.

SECTION III - TRACK EVENTS

RULE 162 The Start

Where a competitor has a hearing impairment, a flag or other visual device may be used as well as a pistol. In some circumstances, for athletes with both a visual and a hearing impairment, an official may touch an athlete to signal the start.

RULE 163 The Race

(Classes T32 - 34, T51 - 54)

An athlete coming from behind in an attempt to overtake carries the responsibility of ensuring full clearance of the chair being overtaken before cutting across. The athlete being overtaken has the responsibility not to obstruct or impede the incoming athlete once the front wheel(s) of the athlete are in sight.

RULE 166 Seeding, Draws and Qualifications in Track Events

100m - 400m (Class 11 & 12)

5 - 8 entries	2 Heats	1 st in each Heat + 2 fastest losers to Final
9 - 12	3 Heats	1 st in each Heat + 1 fastest loser to Final
13 - 16	4 Heats	1 st in each Heat + 4 fastest losers to 2 semi-finals
	2 Semi-Finals	1 st & 2 nd in each Heat to Final
17 - 20	5 Heats	1 st in each Heat + 7 fastest losers to 3 semi-finals, then as shown above
21 - 24	6 Heats	1 st in each Heat + 6 fastest losers to 3 semi-finals, then as shown above.
25 - 28	7 Heats	1 st in each Heat + 5 fastest losers to 3 semi-finals, then as shown above.
29 - 32	8 Heats	1 st in each Heat + 8 fastest losers to 4 second round races, then as shown above.

800m (Class 11 & 12)

1 - 5 entries	Final	
6 - 10	2 Heats	1 st + 2 fastest losers to Final
11 - 15	3 Heats	1 st + 1 fastest losers to Final
16 - 20	4 Heats	1 st & 2 nd + 2 fastest losers to 2 semi-finals, then as shown above.

1500m (Class 11 & 12)

1 - 6 entries	Final	
7 - 12	2 Heats	1 st & 2 nd + 2 fastest losers to Final
13 - 18	3 Heats	1 st + 3 fastest losers to Final

5000m & 10000m (Class 11 & 12)

1 - 10 entries	Final	
11 - 20	2 Heats	1 st , 2 nd & 3 rd + 4 fastest losers to Final
21 - 30	3 Heats	1 st & 2 nd + 4 fastest losers to Final

1500m (Class T32-34; 51-54)

Progression as IAAF 800m

5000m (Class T32-34; 51-54)

1 - 10	Final	
11 - 20	2 Heats	1 st , 2 nd & 3 rd + 4 fastest losers to Final
21 - 30	3 Heats	1 st & 2 nd + 4 fastest losers to Final.
31 - 40	4 Heats	1 st , 2 nd , 3 rd & 4 th + 4 fastest losers to 2 semi- -finals, then as shown above.

10000m (Class T32-34; 51-54)

1 - 12	Final	
13 - 24	2 Heats	First 4 + 4 fastest losers to Final
25 - 36	3 Heats	1 st , 2 nd & 3 rd + 3 fastest losers to Final
37 - 48	4 Heats	1 st & 2 nd + 4 fastest losers to Final

Relays(Class T11-13; T32-34; 51-54)

5 - 8	2 Heats	Fastest 4 times proceed to the Final
9 - 12	3 Heats	Fastest 4 times proceed to the Final
13 - 16	4 Heats	Fastest 8 times proceed to two Semi-finals. (Then as above)

In all other events progression is in accordance with IAAF rule book

RULE 170 Relay Races

(Class 11 - 13)

The relay team must include a minimum of one Class 11 and one Class 12 runner. The relay team shall have not more than one Class 13 runner.

(T32-34; T51-52; T53-54)

The relay team must include at least one athlete from the more/most disabled class.

(T35-38)

The composition of the relay team is open. Take-over is by baton.

(Classes 42 - 46)

In 4x100m. relays for classes 42, 43, 45, the composition of the team shall be: maximum 2 per team from class 45. Change is by touch in the take-over zone.

In 4 x 100m. and 4 x 400m. relays for classes 42, 44, 46, the composition of the team shall be: maximum 2 per team from class 46. Take-over is by baton.

An Open Relay may be offered where there are insufficient athletes of appropriate classes. The change would be by touch or baton as determined by the Technical Delegate.

SECTION IV - FIELD EVENTS

RULE 180 General Conditions

Rule 180 Para 5 (Classes F32 - 34, F51 - 58)

Replace with "Athletes take three throws consecutively. In addition to the time allowed under this rule, a reasonable time will be permitted for an athlete to place the frame in the circle before the commencement of their first trial. This time shall not normally exceed 2 minutes for classes 32 - 34, 54 - 58, and 3 minutes for classes 51 - 53.

Note: While the responsibility for tying down rests with officials and volunteers, the Technical Delegate will issue specific interpretations at each competition which ensure athletes do not engage in time-wasting tactics.

SECTION VIII - ROAD RACES

RULE 240 Road Races

(Classes T32 - 34, T51 - 54)

Note: Competitors may carry their own refreshments.

(Class 11 - 13, 35 - 38, 42 - 46)

In Road races, all athletes will start together, but the finishing order will be determined for each class.

(Classes T32 - 34, T51 - 54)

In Road races athletes will start according to the decision of the Technical Delegate for the event. The finishing order will be determined for each class.

Rule 240 Para 13 (Class 11 - 13)

The Organising Committee shall provide numbers that distinguish between athletes of each class.

Rule 240 Para 14 (Classes 11 - 13)

Competitors and their guides shall receive assistance at the refreshment stations.

Note: Organisers must ensure that officials are aware of the specific problems of safety presented in providing drinks to blind and partially sighted athletes, and that adequate training is given to all assistants involved.

Rule 240 Para 15 (Classes 11 - 13)

A relay of up to four guides may be used for Class 11 and 12 athletes, but exchanges may only take place at 10 km; 20 km; & 30 km.

Note: It is strongly recommended that organisers ensure that the race takes place in its entirety in good daylight conditions.

APENDICES

Field Event Points Tables for Men and Women

For IPC Athletics competitions during 2008, the following Points Score Tables will be used. It should be noted that there is a set of tables for men, and a separate table for women.

MENS TABLE

	SHOT	DISCUS	JAVELIN	HIGH JUMP	LONG JUMP	TRIPLE JUMP	CLUB
11	0.013815	0.040940	0.048958	0.001590	0.006343	0.013133	
12	0.016215	0.050823	0.056605	0.002020	0.006712	0.015178	
13	0.016215	0.051108	0.056605	0.002030	0.007130	0.015280	
32	0.008240	0.017415					0.031785
33	0.010410	0.026415	0.021623				
34	0.010788	0.039310	0.026673				
35	0.014453	0.047865	0.043708				
36	0.012478	0.034920	0.037023		0.006060		
37	0.015043	0.051473	0.048138		0.005755		
38	0.014920	0.044555	0.049008		0.005835		
40	0.009960	0.029600	0.034407				
42	0.013450	0.045070	0.049558	0.001785	0.005903		
44	0.016023	0.054048	0.054493	0.001998	0.006470		
46	0.016023	0.054048	0.062150	0.001998	0.006965	0.014150	
51		0.009818					0.024073
52	0.009125	0.018668	0.017498				
53	0.008128	0.025390	0.019930				
54	0.009713	0.027507	0.026375				
55	0.011323	0.037973	0.032883				
56	0.011605	0.038520	0.036470				
57	0.013418	0.046653	0.038808				
58	0.014958	0.053380	0.047133				

WOMENS
TABLE

	SHOT	DISCUS	JAVELIN	HIGH JUMP	LONG JUMP	TRIPLE JUMP	CLUB
11	0.010555	0.038660	0.038620	0.001450	0.005210		
12	0.012480	0.042560	0.038620	0.001570	0.005525	0.010060	
13	0.013050	0.042560	0.043820	0.001800	0.005568		
32	0.005085	0.011090					0.021390
33	0.006350	0.015097	0.013550				
34	0.007543	0.019123	0.014200				
35	0.009335	0.024015	0.022048				
36	0.008903	0.021525	0.017350		0.003130		
37	0.010253	0.029378	0.023753		0.004920		
38	0.011418	0.029620	0.027068		0.004490		
40	0.007448	0.022173	0.023505				
42	0.009328	0.030423	0.029403	0.001320	0.003558		
44	0.012165	0.037773	0.036630	0.001520	0.004988		
46	0.012165	0.042120	0.036630	0.001660	0.005720		
51		0.006070					0.015830
52	0.004590	0.014850	0.008997				
53	0.005880	0.014850	0.011383				
54	0.006208	0.016875	0.014643				
55	0.008323	0.026233	0.017755				
56	0.008323	0.026233	0.019918				
57	0.010045	0.026373	0.019918				
58	0.009720	0.031445	0.029488				

The actual figures shown in points score table have been divided by 1000, therefore to calculate any particular athletes best points score for their particular event and class, you would divide their performance by the figure shown on the points score table.

Two examples of this are shown below.

Men's Shot

Athlete A	Class F54	Best distance 9.55m		
		Score is $9.55 / 0.009713$	=	983 points
Athlete B	Class F57	Best distance 11.88m		
		Score is $11.88 / 0.013640$	=	870 points

In events where a lower class within the same disability group has a higher points score than the next class, the points score for the higher class will be aligned to that of the lower class. This only applies when both classes are using the same weight of implement.